

**SECOND WIND RUNNING CLUB BOARD MEETING MINUTES  
DECEMBER 2, 2007**

**ATTENDANCE:** Joe Bails, Kelly Bails, Melony Barrett, Bill Dey, Jeff Kelly, Brian Kuhn, Andrew Signor,

**ALLERTON AWARDS DISCUSSION:**

The board received the following e-mail from Wes Seitz:

I think that Bob Pool got the shaft. His performance was great -- there should be an age division for 70-75 etc if there are entrants at those ages. It seems to me (an almost 70 year old) that when the race community doesn't give awards to the seniors we are in effect saying that we don't care or don't want them out there.

Hey, why don't you add the definition of a Clydesdale to the discussion? I assume that the goal of this division is to give folks on the, let's say chunky side, a chance to win an award. But, the winners of this division are always the tallest of the tall. That is, folks that meet the weight by being having long legs --- thus, it could be argued, giving them an advantage. One solution is to use the BMI as the criteria. If entrants for the Clydesdale division didn't know their BMI, they could give their height and weight and the BMI could be calculated from that. (I don't know what a reasonable standard would be, but I'm sure that could be determined.)

**2007 Allerton Award Categories:**

**MEN:** 12 & under (2), 13-18 (2), 19-24 (3), 25-29 (3), 30-34 (3), 35-39 (3), 40-44 (4), 45-49 (3), 50-54 (3), 55-59 (3), 60-65 (2), 65+ (2), Clydesdale (4)

**WOMEN:** 12 & under (2), 13-18 (2), 19-24 (4), 25-29 (3), 30-34 (3), 35-39 (3), 40-44 (3), 45-49 (2), 50-54 (2), 55-59 (2), 60+ (2), Lady Clydesdale (2)

The board voted and agreed to change all award categories to top 3 in each age group and to include a 60-65 and 70+ category to both the men and women's division. We also discussed the definition of Clydesdale and decided to keep it as currently defined since it is the racing standard.

**Allerton Award Categories for 2008:**

**MEN:** 12 & under (3), 13-18 (3), 19-24 (3), 25-29 (3), 30-34 (3), 35-39 (3), 40-44 (3), 45-49 (3), 50-54 (3), 55-59 (3), 60-65 (3), 65-69 (3), 70+ (3), Clydesdale (3)

**WOMEN:** 12 & under (3), 13-18 (3), 19-24 (3), 25-29 (3), 30-34 (3), 35-39 (3), 40-44 (3), 45-49 (3), 50-54 (3), 55-59 (3), 60-65 (3), 65-69 (3), 70+ (3), Clydesdale (3)

The board received the following e-mail from Don Luman:

I have a proposal I wish to make to the SWRC Board. In addition to the Allerton 5.5 & 2 Mile Trail Maps I developed, I would like to develop a route and produce the map for a ~1 mile accessible course.

Instead of participating in the Trail Run on Sunday, a young man (who is in a chair) and I investigated some changes to the 2 Mile Walk course, a good portion of which is not accessible. Although the walkers Sunday were few in number (~30) compared to the large group of runners, Allerton is the perfect venue for a walking course, but we shouldn't neglect persons who cannot navigate stairs, sloping ground, etc. I believe it would be a plus for SWRC to include an ADA compliant course on your website for the 2008 Allerton Run/Walk.

The board voted to decline Don's proposal since Allerton is a trail race. In addition, adding one more event to the Allerton race is too much to ask of the race directors and volunteers.

Beth Eisenhauer has stepped down as the Allerton race director. The new race directors for 2008 are Tricia Crowder and Jeff Kelly.

Starting in 2008, the Allerton 5.5 mile trail run will have a time limit of 90 minutes.

**RACE COORDINATOR**

- Joe Bails will be replacing Tricia Crowder as the new race coordinator.

**WEBSITE – KELLY**

- Now with Domain Direct

**SPECIAL EVENTS – MELONY/JOE**

- Awards Celebration – Jan. 18 @ Urbana Civic Center
- BBSW excel file was created and emailed to all coordinators.
- 60 T-shirts were ordered.
- Awards nomination in Survey Monkey

**MEMBERSHIP COORDINATOR – KAREN**

- Mailing renewal forms
- Kelly created a signmeup.com account for membership

**NEWSLETTER – JEFF, BILL, SARA, JANE, JAN**

- Current issue deadline is Dec 15 for Jan/Feb issue
- Regular columns on training, nutrition, etc.
- Each newsletter in 2008 will feature a running event in Champaign/Urbana

**NEXT MEETING** – 6:00 p.m. January 6, 2008

**TREASURER – STAN**

**Second Wind Running Club  
OCTOBER 2007 Cash Flow**

|  |          |                  |
|--|----------|------------------|
| Beginning Balance                        |          |                  |
| Cash (Per check book)                    |          | 7,616.00         |
| <b>Receipts:</b>                         |          |                  |
| Memberships                              | 15.00    |                  |
| Mini Tri                                 | 362.50   |                  |
| Allerton                                 | 1,282.26 |                  |
| Woman's Fitness                          | 3,995.11 |                  |
| Allerton                                 | 6,160.00 |                  |
| Total Receipts                           |          | 11,814.87        |
| <b>Disbursements:</b>                    |          |                  |
| Bill Dey Newsletter                      | 475.10   |                  |
| Merilee McDonald Overall Woman's Fitness | 97.47    |                  |
| Charmaine Welby Age Group Woman's Fit    | 467.00   |                  |
| Body N Sole Woman's Fitness T's          | 301.95   |                  |
| Campus Sportswear Woman's Fitness        | 273.00   |                  |
| Crouse Printing Woman's Fitness          | 250.00   |                  |
| Jan Seeley Woman's Fitness               | 113.60   |                  |
| Tom Rice Buffalo Awards                  | 250.00   |                  |
| Weiskamp Screen Printing Gloves          | 224.00   |                  |
| Postmaster                               | 150.00   |                  |
| Kelly Bails-Speaker's Gifts              | 60.00    |                  |
| Trophy Time-Allerton Awards              | 645.03   |                  |
| Brian Kuhn Scanner                       | 107.92   |                  |
| Village Inn Pizza Party                  | 381.90   |                  |
| Beth Eisenhauer Allerton Petty Cash      | 250.00   |                  |
| Total Disbursement                       |          | -4,046.97        |
| <b>Ending Balance</b>                    |          | <b>15,383.90</b> |

**Second Wind Running Club  
NOVEMBER 2007 Cash Flow**

|                                     |          |                  |
|-------------------------------------|----------|------------------|
| Beginning Balance                   |          |                  |
| Cash (Per check book)               |          | 15,383.90        |
| Receipts:                           |          |                  |
| Memberships                         | 77.50    |                  |
| Clinton                             | 1,440.00 |                  |
| Allerton                            | 4,411.18 |                  |
| Allerton Buffalo                    | 410.00   |                  |
| <b>Total Receipts</b>               |          | <b>6,338.68</b>  |
| Disbursements:                      |          |                  |
| Bill Dey Newsletter                 |          |                  |
| Campus Sportswear Allerton          | 6,873.28 |                  |
| Refund of Allerton double up        | 25.00    |                  |
| Crouse Printing Allerton            | 424.00   |                  |
| Midwest Pottyhouse Allerton         | 390.00   |                  |
| Kelly Bails-Internet Service for SW | 149.50   |                  |
| Bill Dey Newsletter                 | 650.64   |                  |
| Allerton check NSF                  | 33.00    |                  |
| <b>Total Disbursement</b>           |          | <b>-8,545.42</b> |
| <b>Ending Balance</b>               |          | <b>13,177.16</b> |

Note: Donations for Women's Fitness  
remain undone