

SECOND WIND RUNNING CLUB

BOARD MEETING MINUTES

OCTOBER 23, 2005

ALLERTON TRAIL RACE – SPENCER

- Volunteers
 - Kim Nystrom to help while Spencer is out of town
 - Walk: Tricia Crowder, Randy Stearns
 - Course set-up: Pat Mills, Jeff Skibbe?
 - Saturday BnS packet pick-up: Chris Migosky?
 - Goodie bag stuffing: BnS will provide bags. Stuff w/ Clif Bars numbers, t-shirts, SWRC membership applications.
 - Brunch
- Equipment to purchase?
 - 5 sets walkie-talkies from Dick's @ \$40 each
 - Bar code scanner \$150-200
 - Clock w/ 6" numbers \$1500
 - Chronamix \$200-300
- Awards
 - Duffel bags, drawstring bags

PRESIDENCY

- New president Spencer Nelson
- President-elect Kelly Bails

NEWSLETTER

- New staff
 - Tony's last issue
 - Bill Dey
 - Jane Domier – layout
 - Purchase Adobe suite \$420
 - Jeff Kelly – head editor
 - Jan Seeley – editing
 - Sara Thompson -- advertising

PIZZA PARTY -- JOE

- October 25, 2005

NEW SWRC MERCHANDISE

- Grey hoodies, logo same as singlet logo
- Board members to wear at Allerton
- BnS at Allerton on race day

WEBSITE

- Tom Rice designed new header on main page

CLUB RUNS

- Speedwork is over
- Fun runs move indoors

RRCA

- Update club information
 - Membership ~375
 - Contact person
 - Phone
 - Fax

MARATHON TRAINING

- Begins February 18, 2006
- 12 miler from Prairie School
- Will include HM (Indy) training
- Will do trial of 8 mile double-loop from Centennial Park instead of 16 mile run