

Second Wind Running Club Board Meeting Minutes September 13, 2009

Members Present:

Kelly Bails, Joe Bails, Mike Halpin, Jeff Kohmstedt, Nancy McCarty, Marla Dewhirst, Andrew Signor, Bill Dey, Brian Kuhn, Melony Barrett

Members Absent: Tracy Thomas

1. **AUGUST MINUTES** were corrected and approved.

2. **2010 BOARD OF DIRECTORS**
 - 2009-2010 returning board members: Kelly Bails, Melony Barrett, Marla Dewhirst, Nancy McCarty, and Tracy Thomas
 - 2010-2011 renewed: Joe Bails and Bill Dey
 - 2010-2011 nominated and accepted: Mike Halpin, Jeff Kohmstedt, Ben Newell, John North, and Erin Wilding-Martin. New board members will be approved by the membership at January Awards Celebration.

3. **SWRC STORAGE**
 - The board voted to secure a storage unit in Champaign or Mahomet for Second Wind Running Club materials and equipment. Joe will price and select the location.

4. **MEMBERSHIP** – Jeff
 - Quad Days on 8/23 proved to be a good venue for promoting club activities and membership. Four boxes of past event t-shirts were distributed to the students. Two portable tables will be purchased to support future promotional activities. Participation at Quad Day will be repeated next year.
 - Participation at the Urbana Farmers Market was considered. The cost is \$7.50 for a 6x10 spot. Participants can select weeks that they want to participate. Jeff will follow up and schedule 4-6 Saturdays next year at the market. One may be scheduled this year.
 - Joe Bails will set up a booth at the Health and Wellness Showcase on 9/24. Shirts will be given away as well as the new brochure created to promote the club.
 - Tri-fold flyer and new membership form for 2010 was reviewed and updated.
 - Tri-fold is ready for print
 - Membership form will give option to purchase a tee-shirt. These will be mailed and the cost of the mailing will be included in the membership fee
 - Jeff is encouraged to draft an assistant to support his many and varied membership activities.

5. **RACES**

- Health Alliance Fitness Frenzy 5K on 8/15/09. 150 registered with 120 finishers. Race went very well and it may be opened up to the public next year.
- Mahomet Half Marathon and 5K on 8/22/09. Went smoothly and volunteers were great
- Women's Fitness 5K on 9/26/09 Melony is coordinating
 - The club decided to support each charity by donating \$300 to each per request from Jan Seeley
- Tanger Outlet 5K on 10/11/09 Joe is coordinating. We are providing results and finish line. Need 2 people in addition to Joe and Kelly.
- Allerton on 10/25/09 Kim Nystrom is coordinating
- Run for the Library on 11/21/09 Marla is coordinating

6. **MARATHON TRAINING** – Nancy

- Training runs are going on. Nancy is making minor modification on the maps
- Indy Bus Trip – Last details in process. Majority of the group is doing the ½ Marathon. 2 signed up for the Marathon.
- Spring Marathon Training
 - 16 weeks training would mean first runs would be January 9-10, 2010.
 - Advertise in the next newsletter – Due Date October 15th.
 - The ½ can increase in size – with more than 50 participants. Full will stay at 50.

7. **RACE CIRCUIT** – Bill

- Award: Stocking cap to top 3 in each age group
- Bill will support Mike in taking over this process.

8. **NEWSLETTER** – Bill

It is at the printers. Will be out in about a week.

9. **SPECIAL EVENTS**

- Fall pizza party on Tuesday 10/20 – Melony
 - Membership forms will be available
- January Awards Celebration – Joe
 - January 22nd 2010 at Urbana Civic Center

10. **BUILD A BETTER SECOND WIND**

- 300 points: Coasters (\$353.02 for 100)
- 400 points: Propose t-shirts/ OK'd
- 500 points: Propose sweatshirt OK'd
- 600 points (Jacket, running pants, blanket) Will still look into this,
 - For all items, Body and Sole will order, we will purchase award items, then they sell the extra

11. **FUN RUNS** – Brian
 - Will need a new board member to take these over
12. **RUN WITH THE DOGS**
 - One more will be scheduled this fall. October date.
13. **OTHER**
 - Discussion on the ability to search the data base to locate volunteers. Kelly will check into this from Sign me up.
 - RRCA Convention on April 21-25, 2010 in Lakeland, FL
 - Club will pay for two participants
 - Jeff might be interested.
 - Kelly will email link to new board members
 - Body n' Sole canopy tent that was damaged at Clinton was replaced at \$75
 - New printer is needed for the race results. Brian will pursue purchase
 - Special Recreation needs tee shirts. Bill will talk to Lucia and clarify the need. Club is willing to buy shirts.
 - Email from Jan Seeley (enclosed) was reviewed. The board decided to support the event by giving the requested funds.
14. **NEXT MEETING**
 - 6:00 pm October 18, 2009 at Bails home.
15. **TREASURER'S AUGUST 2009 CASH FLOW REPORT**

| | | |
|---------------------------------|-------|-----------|
| Beginning Balance | | |
| Cash (Per check book) | | 14,825.80 |
| Receipts: | | |
| | | 0.00 |
| Disbursements: | | |
| Nancy McCarty Marathon Training | 68.29 | |
| Jeff Kohmstedt Quad Days | 56.57 | |
| Total Disbursement | | -124.86 |
| Ending Balance | | 14,700.94 |

1 ENCLOSURE

Dear Second Wind Board of Directors:

September 26 marks the 24th running of the Women's Fitness 5K Run and Walk. For the past 15 years or so, the race has been a fundraiser for the Center for Women in Transition and the Crisis Nursery. By modest estimates, we've donated more than \$40,000 to these two worthy community organizations over the years.

The only all-women's race in our area, the event also features the work of women artists. This year, Second Wind's very own multitalented Tracy Thomas designed and created pottery pieces for our age group awards. They are stunning!

Registrations are rolling in, so I'm hopeful we'll have a banner event.

One area of this year's race, however, has taken a step backward. Two long-time cash sponsors were not able to join us again this year, which has resulted in a \$600 deficit to our budget.

I am writing to the Board to ask if you would consider making a contribution to each non-profit group to help us make up the gap? We do a fake check presentation at the race, and it's always exciting for participants (and the charities) to see the final dollar amount unveiled on the oversized checks we present on race morning.

Will Second Wind help me make the amount I write on the checks as large as possible?

Thank so much for considering this request.

Kindest regards,

Jan Seeley
Race director