

## **SECOND WIND RUNNING CLUB**

### **BOARD MEETING MINUTES**

**APRIL 22, 2007**

#### **CLINTON LAKE 30 MILE TRAIL RACE**

Race Director Chris Migotsky

- Positive feedback from 50 finishers responding to post-race survey
- Profit of \$634
- Next year – Saturday March 29, 2008
  - Allow 100-125 runners
  - Increase entry fee to \$48
  - Earlier registration deadline, earlier final deadline
  - Have various sponsorship levels
  - Different finisher's awards
  - Logo trail running shorts
  - Clinton will join McNaughton, Rock Cut Hobo, and Farmdale in the Illinois Grand Slam Ultra Running series

#### **REPORTS FROM COORDINATORS:**

##### **WEBSITE – KELLY**

- Race circuit standings are up – replaced Jog for Josh race with Run for the Roses
  - A handful of new members joined to take part in the circuit

##### **MEMBERSHIP COORDINATOR – KAREN**

- Tom Rice created the Membership Directory and will be mailed by mid-May

##### **NEWSLETTER – JEFF, BILL, SARA, JANE, JAN**

- Bill Dey proposed that we offer members the option of receiving the newsletter electronically. Electronic copy would be available 2 days earlier. Publicize in the next newsletter.
- More than 200 copies are required to receive bulk mail rate.
- Next issue deadline June 15.

##### **RACE COORDINATOR – TRICIA**

- **Twin Cities Twosome**
  - May 12, 2007

- HK will rent finish line equipment
- **Buffalo Trace 5 Miler**
  - May 19, 2007
  - Sponsors have been secured
  - Brian Kuhn has volunteered to take over race directorship
    - Tom Rice is doing t-shirts and awards
- **Women's Fitness Run**
  - Saturday, September 22, 2007 at 9:00 a.m.
- **Allerton Park Trail Race**
  - October 28, 2007

**TREASURER – STAN**

- April report on last page.

**TUESDAY FUN RUNS – BRIAN**

- Runs begin at Meadowbrook Park at 6:30 p.m.

**WEDNESDAY SPEED WORKOUTS – MATT SNYDER**

- First run of the season held April 4 at 6:00 p.m.

**SPECIAL EVENTS – MELONY**

- Summer picnic/cookout idea – Gregg Rose?
- Speaker series: Jerry Dunn, Jan Seeley, Tracy Thomas, Brian Kuhn
- First one in end of June to mid-July
- Possible locations include Olive Garden, Timbers, Famous Dave's

**MARATHON TRAINING -- ANDREW**

- Marathon training committee meeting to determine changes to the fall schedule
- 7 am on Sundays
- Publicity: mail flyer, post in gyms, ad in News-Gazette
- Online survey
- Marathon mentors, binders
- Target marathon for Spring 2008 will be Sunburst instead of Mad City Marathon.

**ATTENDANCE**

- Melony Barrett, Jeff Kelly, Bill Dey, Chris Migotsky, Kelly Bails, Joe Bails, Andrew Signor, Brian Kuhn, Kristy Powell

## **BBSW**

- Members who volunteer at one event or write a newsletter article will receive a t-shirt at banquet (banquet attendance is mandatory to receive shirt)

## **BEGINNING WOMEN'S RUNNING GROUP**

- Training set to begin 6:30 p.m. Thursday, July 26 at Crystal Lake Park

## **MISCELLANEOUS**

- Clock with 10 digits (two sided), 6 inch numbers, aluminum carrying case, 7 foot tripod with cloth carrying case has been purchased for \$3585. This clock will not be rented out. It will only be used when SW is providing computerized finish line results.

## **NEXT MEETING**

Sunday, May 20, at 6:00 pm at the Bails household.

## **TREASURER'S REPORT**

### **April 2007 Cash Flow**

Beginning Balance		
Cash (Per check book)		13,758.53
Receipts:		
Clinton Sponsorship		
Memberships	395.00	
Total Receipts		395.00
Disbursements:		
Bill Dey Newsletter	598.05	
Kelly Bails Clinton Supplies	164.72	
Village Inn Party	333.48	
Postmaster	160.00	
Jeff Kelly Marathon Training	25.60	
Chris Migotsky		
Clinton	539.04	
Body N Sole Clinton	1,392.00	
Total Disbursement		-3,212.89
Ending Balance		10,940.64