

**SECOND WIND RUNNING CLUB**

**BOARD MEETING MINUTES**

**FEBRUARY 19, 2006**

**BYLAW CHANGES – BILL**

- Electronic communication instead of written
  - Include proposed changes in the next newsletter
  - Vote into effect at the next meeting
- } Everyone is in agreement

**CONCERN REGARDING SWRC LOGO – JANAK PATEL**

- Board members elected not to change the logo, but to sell some merchandise with the logo and some without the logo.

**REPORTS FROM COORDINATORS:**

**WEBSITE – KELLY**

- Logo is now on every page.
- Our three SW races are on the menu bar.

**NEWSLETTER – JEFF, BILL, SARA, JANE, JAN**

- Will only include name and city for new members since newsletter can be accessed on web.
- Plan to include full information in SWRC directory, however.

**RACE COORDINATOR – TRICIA**

- **Human Kinetics Twin Cities Twosome:** May 13, 2006
  - Renting finish line equipment and computer support (\$100)
    - Tricia, Tom, Tony to help
- **Allerton Duathlon**
  - Bike portion is out
  - 5K race only?
- **Buffalo Trace**
  - Final date – May 20, 2006 at 8:00 am
  - Support from club is needed

**TUESDAY FUN RUNS – BRIAN**

- First outdoor fun run on April 4<sup>th</sup> at 6:30 pm at Meadowbrook Park.
- Technical shirts for members attending??? Must RSVP if we do this.

### **SPECIAL EVENTS – JOHN AND JOE**

- May host Carey Pinkowski (race director, Chicago Marathon) for a talk.
- Location -- Civic Center? Fee?
- Co-sponsor with Marathon & Beyond

### **MARATHON TRAINING – BILL**

- 12-miler: February 18, 2006; success despite frigid temperatures
- 14-miler: March 4, 2006
- 16-miler: March 18, 2006; new 2-loop course starting from Centennial Park

### **OTHER ITEMS:**

#### **Beginning Women's Running Group – Kelly**

- Will begin 9 weeks prior to Women's Fitness 5K race.

### **BBSW**

- Plan to keep attendance for speed work sessions this year

### **ATTENDANCE**

Joe Bails  
Kelly Bails  
Tricia Crowder  
Bill Dey  
Beth Eisenhower  
Jeff Kelly  
Brian Kuhn  
Spencer Nelson  
Kristy Powell  
John Sanders

### **NEXT MEETING**

April 2, 2006 at 6:30 pm at Joe and Kelly's (Don't ring the doorbell!!!)